

Simple Behavior Support Plan (BSP)

Gather information

- Records
- Interviews (Student & Parent, ideally)
- Observations—look for patterns

Identify Goals

- Observable behaviors
- Frequency of occurrence
- Intensity of behavior (more subjective)
- What does the student desire to achieve?

Develop Summary Statement

Include:

- Relationship between behavior and environment
- When, where, and with whom
- What do they avoid/obtain
- Other important variables, e.g. home, health, etc.

Generate Behavior Plan

- Based on summary statement to meet goals
- Includes:
 - Adjusted environment (accommodations, adaptations, etc)
 - Teaching replacement behavior/social skills
 - Positive/negative consequences
 - Crisis plan

Implement and Monitor

- Consistency...Simplicity
- Effectiveness
- Responsibilities of adults (simple and quick)
- Evaluation of data (have students graph their own behavior)
- Communicate with others on a regular basis
- Adjustment for improvement (what's working for some teachers?)

It's not just about decreasing behaviors of concern, but also building replacement skills to improve appropriate behavior.